

DEBUNKING GARBAGE DISPOSAL MYTHS

Fifty-eight percent of Americans say they currently have a garbage disposal in their home¹, but many may be misinformed about this workhorse in the kitchen. Moen demystifies the garbage disposal.



MYTH #1 GARBAGE DISPOSALS ARE BAD FOR THE ENVIRONMENT



DISPOSALS SAVE FOOD SCRAPS FROM HEADING TO THE LANDFILL.

Even though they use water and electricity, garbage disposals are a better choice than throwing food in the trash.²



MYTH #2 ALWAYS USE HOT WATER DOWN THE DISPOSAL



YOU SHOULD ALWAYS USE COLD WATER WHEN GRINDING FOOD SCRAPS.

Cold water keeps fats solid as they travel through the pipes – hot water can melt the fats, which can later congeal and cause a clog.



MYTH #3 PUTTING ICE DOWN THE DISPOSAL SHARPENS THE BLADES



THERE ARE NO “BLADES” THAT NEED TO BE SHARPENED.

Instead, disposals have small metal impellers that force food across the grinding chamber’s surfaces, grating organic waste into small particles, like a cheese grater, and allowing them to easily pass through plumbing.

MYTH #4 LEMONS MAKE THE GARBAGE DISPOSAL SMELL BETTER



With repeated use, the acidity of the fruit can eventually damage the metal inside of your machine. **USE AMPLE AMOUNTS OF WATER INSTEAD.**



Moen offers a complete line of garbage disposals to suit your kitchen cleanup needs. Discover more at moen.com/disposals.



1. Methodology: This survey was conducted online within the United States by Harris Poll on behalf of Moen from May 24-26, 2016 among 2,026 U.S. adults ages 18 and older, among whom 1,054 have ever purchased a garbage disposal. This online survey is not based on a probability sample and therefore no estimate of theoretical sampling error can be calculated. For complete survey methodology, including weighting variables, please contact Courtney Yerega, cyerega@fallscommunications.com.

2. "Myth: Putting Food Waste Down the Disposal Is Greener Than in the Trash." EcoMyths. EcoMyths Alliance, 04 Aug. 2015. Web. 28 Oct. 2016. <https://ecomyths.org/2014/08/25/sink-disposals-vs-trashcans/>.